



CATHOLIC FORUM meets today and every Sunday this Summer after the 10 AM Sunday Mass, in the Penn Newman Center Council Room, with coffee and treats. We are a small but enthusiastic group of parishioners who gather to reflect on the day's Liturgy of the Word and how to make it real in our lives. We are not Bible scholars but just earnest Catholics engaging the Word of God. ALL ARE WELCOME.

A Sense of Humor

A sense of humor is a critical quality in life. Technically, while it is not counted among the other five senses, [sight, touch, smell, hearing, & taste] it functions very much like a "sixth sense" and may in fact heighten and deepen the other five. A sense of humor...

- is an excellent barometer of a person's sanity
- is a pole that adds balance to our steps as we walk the tightrope of life
- puts problems in their proper proportions
- humor is truth in its playful mood
- enables us to overlook the unattractive, tolerate the unpleasant, cope with the unexpected, and smile through the unbearable

Humor points out the weakness of humanity without contempt or a critical edge. Remember, laughter is the best medicine!

Especially For Coffee Lovers...

Pope John Paul II beatified a 17th century Capuchin friar credited with halting a Muslim invasion of Europe and, in the process, discovering the frothy coffee called "cappuccino." More than 300 years after his death, Marco d'Aviano, cleared the last step before sainthood as the pope recognized the friar's miraculous work including curing a nun who had been bedridden for 13 years. History books show that Marco was sent by His Holiness in 1683 to unite and inspire the outnumbered Christian troops who successfully defended Vienna against approaching Muslim armies. Legend has it that the retreating Turks left behind sacks of coffee which the Christians found too bitter to drink and so sweetened it with honey and milk. The drink was eventually named "cappuccino" after the Capuchin order to which d'Aviano belonged.

Summer Schedule 2010

5:30 PM Saturday Vigil Mass - discontinued for Summer. Resumes September 4.

10 PM Sunday Mass - discontinued for Summer Resumes September 5

Saturday Confessions at 4:00 pm - discontinued for Summer. Confessions are available by request or appointment. Saturday Confessions resume Sept. 4.

Your words, O Lord, are Spirit and life.

All Summer Sunday Masses will be held in the St. Bede Chapel of the Penn Newman Center.

Newman Center Notes

Penn Newman Center 3720 Chestnut Street www.newman.upenn.edu

Drexel Newman Center 30 South 33rd Street www.drexelnewman.org

Daily Mass

Mon-Fri 12:05pm Penn Newman St. Bede Chapel – Upper Level

Drexel Newman has resumed celebrating the 1:00 pm Mass Monday through Thursday this Summer.

GENERAL ANNOUNCEMENTS

National Catholic Student Coalition (NCSC) Retreat

Join students of the NCSC for the Days of Recreation/Eco-Spiritual Retreat, **July 23-25, 2010** at Ricketts Glen State Park (Benton, PA). \$30 cost includes meals. You should bring your own tenting equipment but if that's a problem contact Caitlyn Ream, NCSC Northeast Regional Chair, at northeast@ncscweb.com. For more information see www.catholicstudent.org: Click on News & Events, then Days of Recreation.

PENN NEWMAN: ALL STUDENTS

Service Opportunity: Tutoring

Participate in a tutoring program for children from K-4th grades at Annunciation BVM Church in South Philly on **Mondays, 3:00-5:15 pm**. The children are primarily Mexican immigrants who are just learning English, and consequently placed below grade level in local schools. Contact Jeff Klein at jeffklein@newman.upenn.edu.

Penn Newman: Spiritual Mentoring/Direction

Spiritual mentoring/direction is an opportunity to meet one-on-one with a professional minister to speak about your life. Several mentors are available to Penn undergraduate and graduate students. See www.newman.upenn.edu.

Support Group for Penn Students Coping with Illness or Death of a Loved One

Penn students facilitate a peer-led support group. For more info, see www.newman.upenn.edu (scroll down to the bottom of the page under "Ongoing Programs"). Though this is not a Penn Newman activity, we are happy to let students know of this opportunity.

PENN NEWMAN: GRAD STUDENTS

Small Faith-Sharing Groups

We would like to start some faith-sharing/discussion groups of Penn grad students to begin meeting in Fall 2010. If you are interested, please contact Jeff Klein at jeffklein@newman.upenn.edu.

